



SUGARPENGUIN
FOR THE LOVE OF DESIGN

SUMMER ICE CREAM {FREE PRINTABLE}

You will need:

- Card paper
- A pair of scissors
- A punch
- Some string

Instructions:

- Please download and print the free printable PDF onto your card paper
- Trim the recipe card and tags where indicated
- Punch a hole into the ice cream tags
- Pull some string through the tags

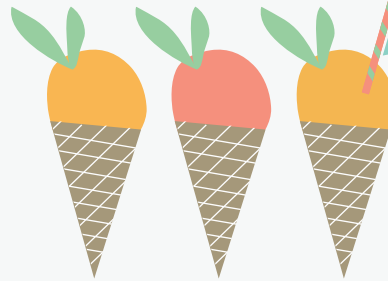


CHEAT'S MANGO ICE CREAM

PREP TIME: 5MIN

FREEZING TIME: 3-4 HOURS

SERVES FOUR

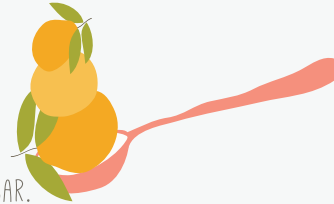


ingredients

400 G MANGO FLESH
{SLICED & COMPLETELY FROZEN}
250 ML FRESH CREAM
50 G CASTER SUGAR
{OPTIONAL, ADJUST TO TASTE}



METHOD



IN THE BOWL OF A FOOD PROCESSOR,
ADD THE FROZEN FRUIT, CREAM AND SUGAR.
PROCESS UNTIL SMOOTH, IT TAKES ABOUT 30 SECONDS TO 1 MINUTE.
THE TEXTURE SHOULD BE A SMOOTH "SOFT SERVE" CONSISTENCY,
AND CAN BE EATEN STRAIGHT AWAY.
BUT IF YOU PREFER A HARDER ICE CREAM,
POUR ICE CREAM INTO A PLASTIC CONTAINER
AND FREEZE FOR ANOTHER 3-4 HOURS OR OVERNIGHT.



